

SAR High School Basketball League Rules

- Each team is required to designate a player captain (Team Captain) and parent volunteer (Team Parent). SAR League will communicate throughout season with each Team Captain and Team Parent. Team Captain and/or Team Parent is required to communicate with their respective team.
- Team Parent is required to attend all practices and games for the purpose of insuring League Rules and Player Code of Conduct are followed. Team Parent can designate other team parent back-ups as required.
- Practice time will be assigned on either Wednesday, Thursday, and Friday from 9:00 to 10:00 pm. Space is limited due to number of teams in league. SAR League will make every attempt to provide one night per team with room for half court scrimmage.
- Teams provide practice balls.
- Practice ends by 10:00 pm. Be considerate of stop time because Custodian crew is waiting to do their job. Floors are waxed on Friday nights so gym must be vacated by 10:00 pm.
- Games are played on Saturday and Sunday nights with start times on the half hour from 5:30 to 9:30 pm. Games are two 20 minute periods with High School referees and Scorekeepers.
- SAR League will provide games jerseys or t-shirts.
- SAR League will provide a limited number of game balls. Teams should also bring a game quality ball to each game as back-up.
- Captains will provide team roster to Scorekeeper at start of each game. Non-registered players substitutions are not allowed.
- Setup for games starting at 5:30 pm may be required if there are no little league games during the day. Setup includes: Scorekeeper table and chairs, Scoreboard controls, and Player bench/chairs.
- Clean-up after Sunday night last game is mandatory. Clean-up includes: Scoreboard controls, Scorekeepers table, and all chairs.
- Gym lighting has motion sensor and timer control; No need to turn on/off.
- Exterior doors to building are on timer; No need to lock up.